Church of Saint Clare Office of Faith Formation & Religious Education

The Church of Saint Clare is committed to the safety and health of all our parishioners. In Person faith formation plans to meet in compliance with CDC, ODH, CBH & Diocesan guidelines as follows:

- The building and classrooms will be cleaned and disinfected before and after PSR
- Enter and Exit doors will be propped open during entry and dismissal
- Masks are required for all who are in the building and classrooms
- All who enter the building are to sanitize their hands
- Hands must be sanitized upon entry to each classroom
- Space will be allotted and marked to maintain social distancing of all
- Classrooms will be well ventilated
- Health is to be monitored at home children, catechists and staff are to stay home when sick!
- If anyone in your household develops symptoms or tests positive for COVID-19, they should immediately isolate and call Cuyahoga County Board of Health at 216-201-2000. Also contact your medical providers.

We ask that all staff, children & families of children attending In Person PSR be proactive about reducing the number of interactions that they have with one another by practicing social distancing (staying at least 6 feet apart) to limit the spread of COVID-19. In addition to physical distancing, these important tools help to prevent the spread of COVID-19:

- Stay home when you are sick.
- Wear a mask or face covering while in public places or if people who don't live with you must visit your home.
- Avoid unnecessary gatherings with people who don't live in your home.
- Avoid sharing food, drinks, or utensils.
- Wash your hands often with soap and water for at least 20 seconds. Sing the Happy Birthday song twice to help know when it has been 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers that contain at least 60% alcohol.
- Cover your coughs and sneezes with a tissue, and then dispose of the tissue and wash your hands immediately. If you do not have a tissue, use your sleeve, not your hands, to cover coughs and sneezes. If you are experiencing cough or congestion, consider staying home and seeking medical care.
- Regularly clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipes. The Centers for Disease Control and Prevention recommends cleaning of frequently touched surfaces with household cleaners and EPA-registered disinfectants that are appropriate for the surface, following label instructions. A simple bleach solution may also be utilized.
- Commitment to adhere to these guidelines as a Healthy, Holy & Happy Family Safety Agreement.

If you have any questions, contact Church of Saint Clare Office of Faith Formation at 440-449-4242 ext.119 or the Cuyahoga County Board of Health at 216-201-2000. Thank you for helping to keep people safe and to slow the spread of COVID-19 in our community and parish.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634) or visit <u>https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home</u>

Resources from the CDC include:

- https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html
- https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/Daily-Home-Screening-for-Students-Checklist-ACTIVE-rev5A.pdf

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.