

***Advent – Emmanuel: God with us from
Eucharist to the Pathways of Life.
Connecting Advent from the Eucharist to the world.***

By reflecting on the Advent Scriptures, the speaker will offer insights on how we can make the connection between Eucharist and life during this holy season of waiting and preparation.

Tuesday, December 3rd 7:00 – 8:30 pm

At St. Paschal Baylon Church

Talk followed by Refreshments in the Narthex

**Sponsored by Spiritual Formation Commission
of St. Paschal and St. Clare Parishes**



Maureen Dowd

Pastoral Associate, St. Gabriel (in my tenth year)
Certified Lay Ecclesial Minister for Diocese of Cleveland
for 25 years.

Pastoral minister, at various parishes in the diocese
for 43 yrs.

Served as Chairperson, for Lake Geauga
District for 6 yrs.

Speaker and retreat director, at various
places throughout the diocese.

Degree, in Religious Studies.

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Advent is a great time to deepen your faith. FORMED offers many great programs for adults and children to help you on your Advent journey.

Advent Resources on FORMED

IT IS FREE TO JOIN THIS GREAT RESOURCE FOR OUR CATHOLIC FAITH

To sign up for FORMED:

www.formed.org

Select sign up.

Select I belong to a parish.

Find your parish.

Enter your name and email.

For Children

Brother Francis: The Days of Advent. Brother Francis leads us on a daily journey in this special seasonal celebration of the coming of the Lord! Featuring meditations, prayers, and suggested activities to keep our focus on Christ this Christmas.

For Adults and Teens

Advent Reflections: Preparing for the Birth of Our Savior with Tim Gray How will you prepare for Christmas? This Advent season, walk with Dr. Tim Gray on a journey of renewal to ready your heart for the coming of Christ. Each day of Advent, Dr. Gray will unpack the meaning of this season and its rich traditions, as well as offer practical advice for making this Advent your best yet.

Lectio: Mary with Dr. Brant Pitre. Why is Mary so important to Catholics, and why have so many people been devoted to her over the centuries? What can we learn about her from Sacred Scripture? Find out the answers in this Lectio series on Mary. Featuring the insightful biblical teaching of Dr. Brant Pitre, Lectio Mary: The Bible and the Mother of God examines what Scripture, the life of Christ, and the early Church fathers reveal about Mary. By closely examining the connections between the Old and New Testaments, Dr. Pitre presents clear and easily understood explanations about the life and identity of Mary, the Mother of God

Come, Lord Jesus: Meditations on the Art of Waiting by Mary Francis.

These Advent reflections by the abbess of a Poor Clare monastery, an accomplished spiritual writer forces our attention on the coming of Jesus into our lives. There is a double movement to this coming: both our active preparation to be ready for him and our patient waiting for the Lord to arrive in his own good time. Meditating on passage from Scripture about the coming of the Messiah into the world and our hearts, Mary challenges us to persevere in overcoming our faults and keeping our eyes on the Lord who has called us to himself – for it is he, through the gifts of his grace, who will complete in us the work of sanctification that he has begun.

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Advent of the Hart: Seasons Sermons and Prison Writings by Alfred Delp

Fr. Alfred Delp, S.J., was a heroic German Jesuit priest who was imprisoned and martyred by the Nazis in a Nazi death camp in 1945. His approach to Advent, the season that prepares us for Christmas, is what Fr. Delp called an "Advent of the heart." More than just preparing us for Christmas, it is a spiritual program, a way of life. He proclaimed that our personal, social, and historical circumstances, even suffering, offer us entry into the true Advent, our personal journey toward a meeting and dialogue with God.

Advent Reflections (Online video)- Personal Reflection (adult)

Preparing for the Birth of our Savior 24 session –one per day, 3-4 minutes long

YDisciple- Advent- (Online video) Group Activity. (youth) 4 Weeks

Advent marked by wonder, holiness and beauty. 4 Sessions with 5 scenes. 4-5 minutes long

Title of the Sessions: **Prepare the Way, Trust in God, Watch and Pray, and The Gift,**

Advent for Discipleship Groups- to be used with YDisciple - contains leader guides and participant guides.

Prepare the Way: An Advent Journey – 4 topics from Symbolon

Program- Knowing the Faith (Online video)

The Story of Salvation (session 4), Who Is Jesus (session 5), The Paschal Mystery (session 6) and The Last Things (session 10)

Opening the Word- Year A: (Online video) Advent and Christmas- Happy New Year!

Preparation for the readings at Mass. Contains a participant journal for individual reflection. 7-8 minutes long

Audio Books/CDs

Come, Lord Jesus- Meditations on the Art of Waiting Mother Mary Francis PCC

(Audio Book) 5 hours, 45 minutes

These Advent reflections by the Abbess of a Poor Clare monastery, an accomplished writer, focus our attention on the coming of Jesus into our lives. There is a double movement to this coming: both our active preparation to be ready for him and our patient waiting for the Lord to arrive.

Glory to the New Born King Lindsey Todd (CD) 30 minutes

Lindsey Todd has been singing since she was three years old. Now a sophomore in high school, she has one of those special voices. Her first album, *Glory to the New Born King*, contains a collection of traditional Christmas Carols, performed with beauty and reverence.

The Mystery of Christmas Fr. Larry Richards (Audio Talk) 60 minutes

Fr. Richards illuminates how the true joy of Christmas is found in the greatest gift ever given – the gift of Jesus Christ to the whole world. With humor, compassion, and clarity, Fr. Larry gets to the heart for the true meaning of Christmas and helps us to appreciate better the immensity of God's love for us as His children.

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Prepare the Way of the King Dr. Scott Hahn (Audio Talk) 47 minutes

Dr. Scott Hahn, one of the most eminent Catholic theologians in our country today, reveals what scholars now know about the shepherds, the mysterious Magi and King Herod. Your Advent journey will take on new meaning as you prepare your heart for the birth of our Lord through this illuminating presentation.

Other Activities for Advent

Movies and Videos:

Advent in 2 Minutes: What is Advent anyway? <https://www.youtube.com/watch?v=S02KOIw7dIA>

In Your Email:

Dynamic Catholic Daily Reflections: Start each day with an inspiring quote sent directly to your inbox. These simple yet powerful messages will help you to live each day with passion and purpose <https://dynamiccatholic.com/daily-reflections>

A Catholic daily devotional email delivering daily wisdom and inspiration to help you grow in faith including Morning Offering, Saint of the Day, Liturgy of the Hours from Catholic Company: <https://www.morningoffering.com/>

Daily Gospel Reflections with Bishop Barron: <https://dailycatholicgospel.com/sign-up-daily-gospel>

Daily Gospel Reflections for Women: <https://blessedisshe.net/>

Saint of the Day: <https://www.franciscanmedia.org/source/saint-of-the-day/>

Advent Minute Meditations <https://info.franciscanmedia.org/>

Best Advent Ever <https://dynamiccatholic.com/best-advent-ever>

Blogs:

Word on Fire Blog: <https://www.wordonfire.org/resources/blog/>

Podcasts:

Word on Fire Podcast: <https://wordonfireshow.com/>

Instagram:

Blessed is She's virtual "small group" Advent study Bearing Light, **#BISAdvent** live on Instagram every Saturday starting December 1st.

Other Online Resources:

Several Activities & Prayers. <https://www.catechist.com/?s=advent>

Prayers & advent Calendars. <https://dynamiccatholic.com/best-ever/about-advent/>

***Have a Blessed Advent Season
and a Merry Christmas!!***

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