

May 2021 Spirituality Calendar

Encourage your child to follow this calendar each day of May!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Jesus is the vine & we are the branches. Find a tree and look at how the branches depend on the trunk, just as we depend on Jesus.	3 Grandparents are special family members. Write a note to a grandparent.	4 Be a peacemaker. Say a prayer for someone who has hurt you.	5 Make placemats to bring joy to your dinner table tonight.	6 Clean up your room without being asked.	7 Give thanks to God! Work as a family to make a list of all the things you are thankful for. See if you can come up with 100 things!	8 How do you follow God each day? Share this with your family.
9 Mother's Day Like Mother Mary watched over Jesus, your mom watches over you. Make a card for your mom to thank her for all she does.	10 As the seasons change, are there differences in the world around you? Watch for these differences.	11 Why is it important to speak the truth in all you do?	12 Sit quietly for five minutes and listen for God. What did you hear? Share that with someone in your family.	13 Our Lady of Fatima Find a statue of Mary and pray a Hail Mary or Rosary as a family.	14 Sometimes life is not easy and you get frustrated. Draw or write about those feelings and share them with a parent.	15 God loves you so much! Who do you love? Say a prayer for them and let them know you did.
16 Ascension Jesus is always with us. Where do you see Jesus?	17 Do a random act of kindness for someone in your family today.	18 Go for a walk outside. Where do you see God in Creation?	19 Singing is a great way to praise God. What is your favorite worship song? Sing it today.	20 Pray for schools. Pray for your teachers and for your education.	21 You can show God your love by helping others. Do an extra chore around the house.	22 Spend some time enjoying nature as a family.
23 Pentecost celebrates the Holy Spirit coming down on the Apostles. How do you use the gifts God gave you?	24 Pray for your parents and thank them for all they do for you.	25 Saint Bede knew to be faithful in all things. Offer up your chores to God.	26 Saint Philip Neri adored Jesus in the Eucharist. Visit St Clare's Adoration Chapel.	27 Spread God's love, do a random act of kindness today.	28 Help your parents with some yard work.	29 Jesus loved children and their faith. Thank God for the gift of faith.
30 Celebrate the Mass: online or in person with someone you love.	31 Pray for the leaders of our country, state & city.					