Home HealthCareTODAY

Medtrade SHOW HIGHLIGHTS

Our Report from the Big Show in Atlanta... Page 5

APPLIED HOME HEALTHCARE EQUIPMENT WINS **TWO BEST NEW PRODUCT AWARDS** — PAGE 25

Keeping Healthcare Workers

HEALTHY

Tips on how to beat the flu this winter and minimize sick days... Page 22



BY THE NUMBERS:

Healthcare Salary Benchmarks

Is your compensation up to par? View the latest average salaries for healthcare professionals. **PAGE 26**

Find the buried treasure **& WIN!** see this season's best new movies—on us!

FIND ME!

Cut Through the ,

CLUTTER of an

FDA Records Review

Your Action Guide PAGE 12...



WILL YOU BE THIS MONTH'S WINNER?

contents

JANUARY 2017







- 3 Letter from the Editor: The value of teamwork, and another buried treasure hunt
- What About Bob: Connecting with Medtrade—the place to be
- 5 Medtrade Show Report: Highlights from the 2016 Atlanta show
- **12 Regulatory Corner:** Preparing for an FDA Annual Records Review
- **17 Healthcare Tech Trends:** By the numbers, some big figures cut down to size
- **Staying Healthy at Work:** Tips to stay healthy during the winter in the healthcare workplace
- **25 Award-Winning Innovation:** Check out the best of the best new HME products
- **26 Healthcare Salaries:** Mirror mirror on the wall... who makes the most of them all?
- **31 Events:** Check this calendar for an early look at key 2017 meetings and events

Home HealthCareTODAY

a publication of:

Applied Companies, LLC.

Applied Home Healthcare Equipment, LLC.

PUBLISHER

Victoria E. Marquard-Schultz

EDITORIAL

Editorial Director: Laura Frederick Editor: Kristen Cifranic Contributing Editor: Rob Saltzstein

DESIGN & PRODUCTION

Michele Kasl, Premier Designs

ADVERTISING

Advertising Sales Exec: Jon Schultz

EDITORIAL BOARD

David J. Marquard II Owner & CEO, Applied

Randall Shultzaberger VP & COO, Applied

Scott Wilkinson

Gerd Weissenfels Managing Dir, IBEDA GmbH

Kevin Smith
Director of Business Development

Bob McQuown, RRT Manager of Clinical Resources, Applied/OxyGo (formerly Manager of Cleveland Clinic Homecare)



© 2017 Applied Companies, LLC 28825 Ranney Parkway Westlake, OH 44145 USA

Keep In Touch...

We'd love to hear from you! Feel free to write us and let us know what you think. We consider all submissions and are accepting new advertisers!

vmarquard@applied-inc.com

Home Healthcare TODAY (ISSN 2472-2111) is published 8 times a year (Jan/Feb, Mar, Apr/May, June/July, Aug/Sept, Oct, Oct/Nov, Nov/Dec) by Applied Marketing Services, 28825 Ranney Parkway, Westlake OH 44145. Application to Mail at Periodicals Postage Pricing is Pending at Westlake, OH. POSTMASTER: Send address changes to Home Healthcare TODAY, 28825 Ranney Parkway, Westlake OH 44145. The publisher does not warrant either expressly or by implication the factual accuracy of any advertisement, article, or descriptions herein, nor does the publisher warrant the validity of any views or opinions offered by the authors of said articles or descriptions. The opinions expressed are those of individual authors. Publisher makes no representations or warranties regarding accuracy or appropriateness of any advice or any advertisements contained in this magazine. Submissions: We welcome submissions, unless otherwise negotiated in writing by the editors. By sending us your submission you grant Publisher permission by an irrevocable license to edit, reproduce and distribute, publish and adapt your submission in any medium on multiple occasions. You are free to publish your submission or to allow others to reproduce your submissions will not be returned.

Does your team bring its "A-Game" every day?

As we begin this new year, I am willing to make a bet.

I will bet the best performing DME's and HME's almost always are those homecare medical providers that have worked best together as a team.

Achieving great teamwork is not easy. There are many pitfalls that stand in the way. Often it's inflated egos or poor communication on the part of management. Or maybe it's even over-communication. Nobody ever said: "I wish I had received more e-mails from the front office."

Whatever the cause, those organizations that work together as a team are the most likely to reach their goals. It has been my observation that teamwork is especially thwarted when job descriptions are perceived as being more important than personal contributions to the team.

Perhaps the words of Bo Schembechler, Michigan's famous football coach, best hit the nail on the head. As we head into the holiday college football bowl season many teams are more likely to win if they heed his words of advice. So are DME's and HME's:

"We are gong to win as a team. No man is more important than the team. No coach is more important than the team. We are going to believe in one another. We are not going to criticize each other. We are not going to talk about each other. We are going to encourage each other. And you know, if we do this, who it's going to be again. Michigan! The team, the team, the team."



Victoria Marquard-Schultz | Editor In Chief, Home HealthCare TODAY vmarquard@applied-inc.com



VICTORIA MARQUARD-SCHULTZ

Editor In Chief,
Regulatory Director

Victoria Marquard-Schultz, Esq. is Applied Home Healthcare Equipment's General Counsel and Regulatory Director. She has 20 years experience with Applied, and has worked with the Federal Judiciary and the Prosecutor's Office in Michigan. She's written several scholarly legal publications and was an expert columnist in HME News Smart Talk and featured in Homecare Magazine. Victoria is currently attending the Harvard Business School's PLD program.

GOOD NEWS, TREASURE-HUNTERS!

There's MORE Buried Inside!

We're giving the gift of movies—LOTS of them!

Win with *Home HealthCare TODAY*! Find the buried treasure chest we have planted in this issue and tell us where it is. All it takes is a pair of sharp eyes and the patience to look—and keep looking. The right answer is worth a \$100 gift card to Regal Cinemas! If more than one correct answer is received, a special drawing will be held to determine the winner.

Congrats to last issue's winner: Kaytie Weidner of Tucson Safety & Medical Supply, Tucson, AZ!

Seek and find the treasure chest, and submit its location at: homehealthcaretoday.org/treasure for a chance to win \$100!

Hurry! — This contest ends 2/15/17. The winner of this contest will be announced in the next issue.



WHAT ABOUT BOB?

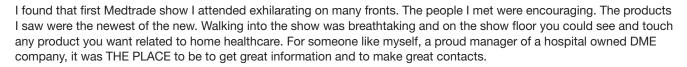
Connecting with Medtrade—the place to be

feel fortunate to have attended the recently concluded fall 2016 Medtrade show in Atlanta. It reminds me that the more things change, the more they remain the same. This is true even with great forward advances in technology.

I attended my first Medtrade show in 1993. Times were tough for many people because of extreme weather. In March that year the Great Blizzard of 1993 struck the eastern U.S., bringing snowfall and severe weather from Quebec all the way to Cuba. And I remember the great flood of 1993 that started in April and flooded large portions of the American Midwest.

But on the business front, the economy was improving. In December the unemployment rate fell to 6.5%, the lowest since





And all these years later, it's still THE PLACE to be. It's different today in some respects. Technology breakthroughs have had an impact. In 1993, for example, there were no cell phones. We used pay phones and dropped coins into metal slots. It was all about connecting at Medtrade then and it's about connecting at Medtrade today—although at a faster pace because of advances in electronics and the ability to present information swiftly and imaginatively on computer screens.

But at the root of it all, Medtrade is the same today as it was in 1993. There is no better opportunity to meet home healthcare customers face to face than at this show. There is no better place to make home healthcare contacts than at this show. There is no better place to grow professionally in the home healthcare field than at this show.

The more things change, the more they stay the same. It's all about connecting and Medtrade is THE PLACE to connect best in home healthcare.

Sincerely,

Bob McQuown, R.R.T.

Manager of Clinical Resources Applied Home Healthcare Equipment bmcquown@applied-inc.com



DESPITE A NOTICEABLY SMALLER EVENT,

Buyers, Sellers and Healthcare Experts Flock to Atlanta

by Rob Saltzstein, Contributing Editor

edtrade's annual fall show concluded in Atlanta (October 31 - November 3) with new products galore on display and over 90 educational sessions. Attendance was approximately 3,000, according to several estimates among attendees.

Talk on the show floor often centered on the upcoming election, the impact of competitive bidding and the need to add retail products to the store selling mix. A special Power Soccer exhibition showcased how athletes with disabilities can participate in very high level competition. A "Power lunch" attracted DME's from all over the country to discuss home healthcare business topics. Representative Tom Price (R-GA) delivered a message of hope and optimism, telling attendees there was a significant possibility "we can get a year's delay on bid expansion, starting January 1, 2017."

Theresa Watkins, a merchandise buyer for Johnson Smith Co., Bradenton, FL, told *Home HealthCare TODAY* that she made very good contacts at the show but she could not help but notice it was getting smaller and smaller every year. She cited the impact of competitive bidding and consolidation within the industry as probable contributing factors.

The top three vote-getters in the biannual *Innovative HME Retail Product Awards*, sponsored by *HomeCare Magazine*, were:

- MyPainAway Fibro Cream from Topical BioMedics. MyPainAway is an odorless, grease-less cream to rapidly relieve Fibromyalgia pain.
- 2. The SoClean® 2 CPAP Sanitizer (also known as SoClean®) from SoClean is described by



marketing director Jessica Cormier as "the world's first automated CPAP sanitizer, and is the faster, easier, more effective way to clean CPAP machine equipment."

The Tour (Walker) from Motivo is a walker/rollator that provides greater independence, ergonomics, and personal style.

The eight finalists (in alphabetical order) for the Innovative HME Retail Product Awards were:

- 1. Freedom CPAP Battery by Battery Power Solutions
- 2. Handy Cane by MOST Corporation
- 3. KT Flex Reinforced Adhesive Strips by KT Tape
- 4. Motivo Tour (Walker) by Motivo
- 5. Go-Chair by Pride Mobility
- 6. PrimeMedic by PostureMedic
- 7. The SoClean® 2 CPAP Sanitizer by SoClean, Inc.
- 8. MyPainAway Fibro Cream by Topical Biomedics

continues on page 7



HIGHLIGHTS

from the showroom floor...











MEDTRADE SHOW REPORT

from page 5

The New Product Pavilion Providers' Choice Awards (sponsored by HomeCare Magazine)

- Providers' Choice GOLD AWARD went to the StandUp Walker from Urise Products.
- Providers' Choice SILVER AWARD went to the Handy Cane from the MOST Corporation.
- Providers' Choice BRONZE AWARD
 went to the Avid Rehab Vector Power Chair from
 Merits Health Products Co., Ltd.

Strong DME buying interest was reported by many exhibitors. Jon Schultz, sales director for OxyGo®, reported keen interest in the company's new lightweight POC, the OxyGo FIT™, an extremely lightweight unit that weighs only 2.8 pounds. Large crowds evident at the Motivio booth were especially interested in the new stylish walker/rollator introduced by the Wisconsin-based company.

A political highlight of the show was the address of representative Tom Price. He has long been among home healthcare's strongest advocates in Congress. Touching on several areas of importance to Medtrade visitors, Price drew applause when he talked about competitive bidding: Said Price: "It just doesn't make any sense at all. We continue to battle. We continue to fight. As was mentioned, 39% of DME suppliers have gone out of business since this craziness started. That's not because they chose to retire... it's because the federal government got engaged in the process and said, 'We'll pick the winners and losers' and it's just so sad."

The loudest applause came when Price talked about audits and the long appeal process.

"Three to five years they say is the average [at the ALJ level]. If your appeal process lasts that long, then it is not a fair process... This is ridiculous. I believe we need a timeline. If the federal government can't get their act together and move through the process, then it is decided in your favor after a finite period of time. For me, that would be six months."

The next Medtrade show will be held in late February, 2017, in Las Vegas at the Mandalay Bay. ■

medtrade@experient-inc.com www.medtrade.com | 800-465-5514

\$10.99*

Customized with Your Logo

Yes... That really is the price.

FOR MORE INFORMATION:

888-592-4587 www.applied-inc.com

* When you buy 20 units. Only \$10.50 each when you buy 100. Available in 0-8 and 0-15 lpm.





Extraordinarily Compact and Quiet

Charge and Use Anywhere... 24/7!

3 Pulse Dose Flow Settings



OxyGo FIT Comes With:

- A durable, black protective bag
- Carry strap

Setting 1

- AC charger, and DC car charger
- Easy to follow instructions!

SPECIFICATIONS

Size, Weight	With Standard Battery: (L) 5.91" x (W) 2.68" x (H) 7.2" 2.8 lbs. / 1.27 kg. With Double Battery: (L) 5.91" x (W) 2.68" x (H) 7.79" 3.29 lbs. / 1.49 kg.	
Oxygen Flow	Flow per setting: 1 (210ml/min), 2 (420ml/min), 3 (630ml/min)	
Power	AC Power Supply: 100-240 V, 50-60 Hz (auto-sensing to allow worldwide use), DC Power Cable for mobile use in car	
Battery	Single Battery: Up to 2.7 hours Recharge up to 3 hours with AC or DC power Double Battery: Up to 5 hours Recharge up to 5 hours with AC or DC power	
Noise	40 Decibels (at flow setting 2)	
Warranty	3 year lifetime limited *	
Operation	Simple control functions and easy-to-read LCD display	
Use	Designed for 24/7 use, at home or away!	

^{*} See OxyGo Warranty Statement for details





GET IN ON THE DEMAND AND OFFER YOUR PATIENTS THE POC THEY WANT!

Now with **5** settings at the same great price!

estoring your patients' freedom and control of their day is a big part of what makes the OxyGo® so special. Patients can power an OxyGo by plugging it into a wall outlet, DC outlet in their car, or for hours at a time with each rechargeable battery.

The OxyGo makes jumping in the car to run errands or taking weekend trips easy. Users can come and go as they please without having to switch equipment. Patients can even take long trips that they never thought possible! The OxyGo is made to follow your patients anywhere... whether it's around town, on the road, or on a cruise.

Weighing in at less than 5 pounds, and with an exceptional battery life, the OxyGo is completely wearable.

- Up to 9.0 hours of battery life with optional double battery
- Only 4.8 lbs. including the battery!
- No carts or tanks required

OxyGo[®]

double cell

OxyGo®

single cell

Airline approved for domestic and international air travel

Give us a call to learn more about how OxyGo can keep your patients going, and keep your costs down!

Respironics

SimplyGo

Inova Labs

LifeChoice

Precision

EasyPulse

888-592-4587 | orders@applied-inc.com

See how the 5 Setting OxyGo® outperforms the competition...



#1400-1000OxyGo with single cell battery

#1400-1000-16 OxyGo with double cell battery

	battery	battery	Mini ® std. battery	Activox 4L®	POC-3°
O ₂ Capacity	1,050 ml/min	1,050 ml/min	1,000 ml/min	450 ml/min	520 ml/min
Airline Approved	YES	YES	YES	YES	YES
Single Solution	YES	YES	NO	NO	NO
User Replaceable Batteries	YES	YES	YES	NO	NO
Intelligent Delivery Technology: Pulse Flow Settings: 1,2,3,4,5	YES	YES	NO	NO	NO
Weight	4.8 lbs.	5.8 lbs.	5.0 lbs.	4.8 lbs.	4.9 lbs.
	2.2 kg.	2.6 kg.	2.3 kg.	2.0 kg.	2.2 kg.
Battery Duration	UP TO 4.5 hours	UP TO 9.5 hours	UP TO 4.5 hours	UP TO 8.25 hours	UP TO 5.5 hours
Sound Level at setting 2	39 dB.	39 dB.	43 dB.	44 dB.	42 dB.

View the clinical studies: www.bitly.com/OxyGoClinical

Retail Sales Opportunity!

ACCESSORIZE

and build the perfect 5 Setting OxyGO System

1. SINGLE CELL BATTERY

Rechargeable Lithium-lon #1400-1010-8

DOUBLE CELL BATTERY

Rechargeable Lithium-Ion #1400-1010-16

2. DESKTOP BATTERY CHARGER

with power supply. Includes charger and power supply with AC power cord. #1400-1030

3. DC POWER SUPPLY

#1400-1050

4. AC POWER SUPPLY

Includes power supply and AC power cord. #1400-1040

5. OXYHOME™ BY NIDEK

Stationary Oxygen Concentrator. 5 Liter Oxygen concentrator with O_2 monitor. Flow Settings: 1, 2, 3, 4 and 5 lpm. #1400-5000

6. BACKPACK

#1170-1420

7. ACCESSORY BAG

#1170-1445

8. CARRYING CASE

#1170-1410



/ regulatory corner /

FDA Annual Records REVIEW



by Victoria Marquard-Schultz, Regualtory Director, Applied Home Healthcare Equipment

If you received a letter from the FDA, and it said the following, would you know what it meant?

"Written procedures are not established for evaluations conducted at least annually to review records associated with a representative number of batches, whether approved or rejected."

No? Don't worry, let me translate. This excerpt is from an actual 483 letter (a list of observations that should be corrected after an FDA inspection), and is highlighting a FDA requirement that might be due for your firm this time of year: An Annual Records Review.

The US FDA has jurisdiction over any oxygen transfiller, and considers them a drug manufacturer.

Let's unpack that: What's a transfiller? Anyone who transfers oxygen from one container to another. Why does the FDA consider that manufacturing? Because that movement from one container to another could affect the purity of the oxygen.

In our industry, that means that anyone who performs gas to gas filling, liquid to gas filling, or liquid to liquid filling is considered by the FDA to be a transfiller—and thus a drug manufacturer.

So, if the FDA considers you a drug manufacturer, what does that mean? It simply means that you'll have to do a few things to ensure your patients are getting the correct purity oxygen, and the FDA will check that you do those things. One of those things is the annual records review.

Get the word out to your current patients and potential patients with your own customized OxyGo[®] commercial to be used on the web or TV!

Includes inserting HME logo, address and phone number in running tag on bottom and lead-out. Cost is per company, per set of info (logo, address & phone number, per commercial).

Custom, 30 Second Commercial | # 1400-1450

VIEW DEMO: bit.ly/OxyGo30Sec

Custom, 60 Second Commercial | # 1400-1451

VIEW DEMO: bit.ly/OxyGo1Min

Custom, 120 Second Commercial # 1400-1452

VIEW DEMO: bit.ly/OxyGo2Min

Call 888-592-4587 for more information!



Annually, quality control personnel should review the batch production records and the complaint files to see if there is any need to improve the current manufacturing process.

For this annual review, you should:

- Make sure the records you are reviewing are easily accessible in the event you have an FDA Inspection.
- Review and document the batch production records and other filling logs.
- 3. Review and document the complaint files and procedures.
- **4.** Assess, document and implement any changes that need to be made. If no changes need to be made, indicate that there are no changes.
- 5. Document who and when the records were reviewed.

Got any other regulatory questions?

Contact Victoria at vmarquard@applied-inc.com and your question could be featured in *Home HealthCare Today!*



VICTORIA MARQUARD-SCHULTZ

Editor In Chief,
Regulatory Director

Victoria Marquard-Schultz, Esq. is Applied Home Healthcare Equipment's General Counsel and Regulatory Director. She has 20 years experience with Applied, and has worked with the Federal Judiciary and the Prosecutor's Office in Michigan. She's written several scholarly legal publications and was an expert columnist in HME News Smart Talk and featured in Homecare Magazine. Victoria is currently attending the Harvard Business School's PLD program.



ADD VALUE TO YOUR PATIENT SET-UPS AND HELP Prevent Home Oxygen Fires

An easy way to add value? Show you care about your patients—and are on the cutting edge of technology. The new OxySafe[™] bi-directional thermal fuse is designed to stop the flow of gas at either end of the PVC tube in the event of a PVC tube ignition.

The new, bidirectional OxySafe provides two-way protection against oxygen fires caused by patients smoking, using candles, stove-top ranges or other open flames while receiving oxygen therapy. **See it in action by scanning the QR code below!**

Try it now—FREE! While supplies last!

Home HealthCare TODAY readers can claim a FREE OxySafe™ at: homehealthcaretoday.org/oxysafe





SUPER SERVICE MOST OF

ABLE TO SERVICE MOST OF YOUR PATIENTS IN A SINGLE DELIVERY!

The team of OxyHome™ and OxyGo® can saturate most oxygen patients 24/7.

OxyHome can deliver 10 lpm continuous flow, even with long tubing runs, at home. OxyGo keeps your patients going while out running errands or traveling the world!



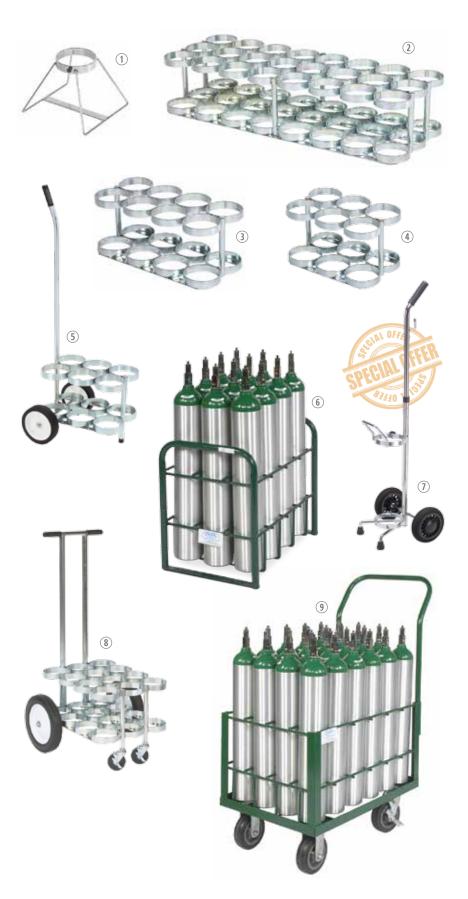
OxyHome[™] by Nidek 10L Concentrator

- 20 psi at 10 liters per minute
- Use with special applications such as jet nebulizers, venti masks and nebulization with oxygen

5 Setting OxyGo® Portable Oxygen Concentrator

- 5 settings... Up to 9.5 hours of battery life
- Airline approved
- Whisper-quiet at 39 decibels





C/D/E

1 # 1100-1901

Holds 1 cylinder. 7" H x 9" L x 9 ½" W

Was *23.01 Your Price = *20.71

2 # 1100-1958

Holds 24 cylinders. 81/4" H x 39" L x 141/2" W

Was *156.70 Your Price = \$141.03

3 # 1100-1935

Holds 8 cylinders. 81/4" H x 191/2" L x 9 3/4" W

Was *49.27 Your Price = *44.34

4 # 1100-1936

Holds 6 cylinders. 8%" H x 10" L x 15" W

Was *44.32 Your Price = *39.89

5 # 1100-1923

Holds 6 cylinders. 39 ½"H x 16 ½" L x 13¾" W

Was *77.21 **Your Price = *69.49**

6 # 1100-1920

Holds 12 cylinders. 8.375"H x 20" L x 15" W

Was *83.53 Your Price = *75.18

7 # 1100-1911

Holds 1 cylinder. Includes odor-free handle and heavy duty black wheels.

Was *24.99 **Your Price = *8.59** each

LOWEST PRICE EVER!

Pricing is for multiples of 4

8 # 1100-1926

Holds 12 cylinders. 36 ¾" H x 20" L x 22" W

Was *181.90 Your Price = *163.71

9 # 1100-1885

Holds 24 cylinders. 45" H x 31 ½" L x 21 ½" W

Was *317.23 Your Price = *285.51







1 # 1100-1931

Holds 4 cylinders. 8 %" H x 8" D x 8" W

Was *26.50 Your Price = *23.85

2 # 1100-1927

Holds 24 cylinders. $36 \frac{3}{4}$ " H x 32" D x $15 \frac{1}{2}$ " W

Was *224.20 Your Price = *201.78

3 # 1100-1933

Holds 8 cylinders. 8 %" H x 8" W x 15 ½" L

Was *41.53 **Your Price = *37.38**

4 # 1100-1946

Holds 6 cylinders. $15\frac{1}{2}$ " H x $7\frac{3}{4}$ " W x $11\frac{3}{4}$ " L

Was *40.82 **Your Price = *36.74**

5 # 1100-1937

Holds 12 cylinders. 8%" H x 12" W x 15 ½" L

Was *66.70 **Your Price = *60.03**

6 # 1100-1924

Holds 6 cylinders. 39 ½" H x 13" D x 12 $^{11}\!\!/_{16}$ " W

Was *67.52 **Your Price** = *60.77

7 # 1100-1846

Holds 60 cylinders. 40" H x 39" D x 23" W

Was *301.89 **Your Price = *271.70**

Don't see the rack or cart you need?

CHECK US OUT ONLINE!





(6)

2016 Heath Tech Trends

Wearable Technology

More than

80%

of consumers said an important benefit of wearable technology is its potential to make healthcare more convenient.



Electronic Health Records

71%

of physicians have adopted an electronic health record (EHR) and 85% of adopters have an EHR certified for meaningful use.



Telehealth

70%

of patients are comfortable communicating with their healthcare providers via text, email or video, in lieu of seeing them in person.



Mobile Health Apps

71%

of millennials would like their doctor to use a mobile app.



Data Security

More than

65%

of consumers said data security was more important to them than convenient access to imaging and test results, doctors' notes, diagnoses and prescriptions.



Cloud-based Technology

As providers and patients seek to become more agile, cloud computing is expected to grow at a

20%

annual rate until 2017, when it will reach a market size of \$5.4 billion.



source: www.usa.philips.com/a-w/government/articles/healthcare-technology-trends-2015.html

U.S. DOT COMPLIANT VAN RACKS'



DOT TIP: AVOID DOT FINES!

* U.S. DOT regulations require cylinders, cryogenic vessels, carts, racks, etc. to be secured against movement, shifting, and/or ejection during normal transportation (49 CFR 393.102))

1 # 1100-1795

Layered van rack with lockable door. Holds 35 M6 Cylinders. 25 ½" H x 19 ½" D x 27" W

Was *657.29 Your Price = *591.56

2 # 1100-1789

Layered van rack with lockable door. Holds 21 M6 cylinders. 33" H x 18½" D x 13" W

Was *651.96 **Your Price = *586.76**

3 # 1100-1794

Layered van rack with lockable door, hinged on right side. Holds 12 D/E cylinders and 16 M6 cylinders. 44 ¾" H x 32 ½" D x 17 ½" W

Was *648.47 **Your Price = *583.62**

1100-1862

25 D/E layered cylinder rack. Also holds 50 M7 / M9 / C for horizontal storage. 40" H x 32" D x 27" W

Was *519.57 **Your Price = *467.61**

5 # 1100-1797

25 E layered van rack with lockable door. 33" H x 32 ½" D x 28" W (not pictured)

Was *808.30 **Your Price = *727.47**



PATIENT STORAGE RACKS

Ideal to meet state and/or accreditation requirements for storing oxygen cylinders in a home or facility.

1 # 1100-1985

Holds 12 M6 cylinders.

Was *44.95 Your Price = *40.46

2 # 1100-1984

Holds 6 M6 cylinders.

Was *29.95 Your Price = *26.96

3 # 1100-1941

Holds 6 C/D/E cylinders.

Was *29.95 Your Price = *26.96

4 # 1100-1815

Holds 1 M60 (7 1/4" D) cylinder. 6" H x 14" D x 14" W

Was *27.42 **Your Price = *24.68**

5 # 1100-1836

Holds 1 M60, M, H or T cylinder, 7" to 9 $\frac{1}{2}$ " diameter, with swivel casters. 12" H x 18" D x 18" W

Was *141.04 Your Price = *126.94

6 # 1100-1835

Holds 1 M60, M, H or T cylinder, 7" to 9 $\frac{1}{2}$ " diameter. 12" H x 18" D x 18" W

Was *50.68 **Your Price** = *45.61

7 # 1100-1819

Holds 1 H/T cylinder. 46" H x 15 " D x 15" W

Was *111.31 Your Price = *100.18

8 # 1100-1822

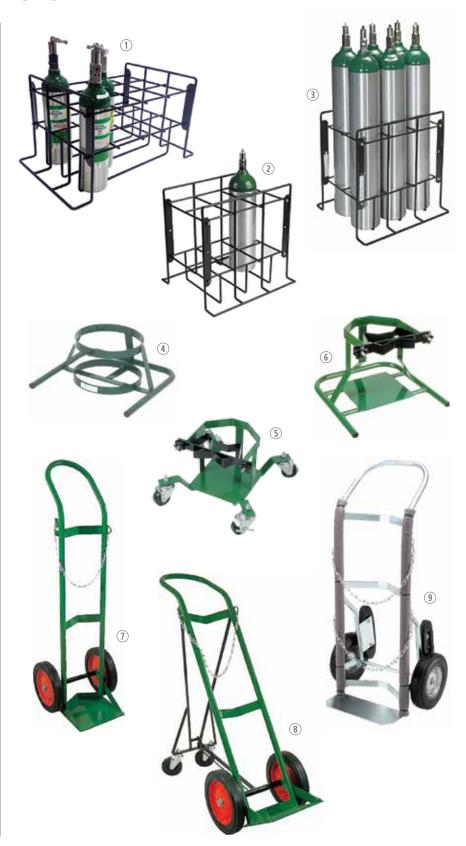
Holds 1 H/T cylinder, with dolly style handle and solid rubber wheels and swivel casters. 46" H x 15" D x 15" W

Was *189.85 Your Price = *170.87

9 # 1100-1950

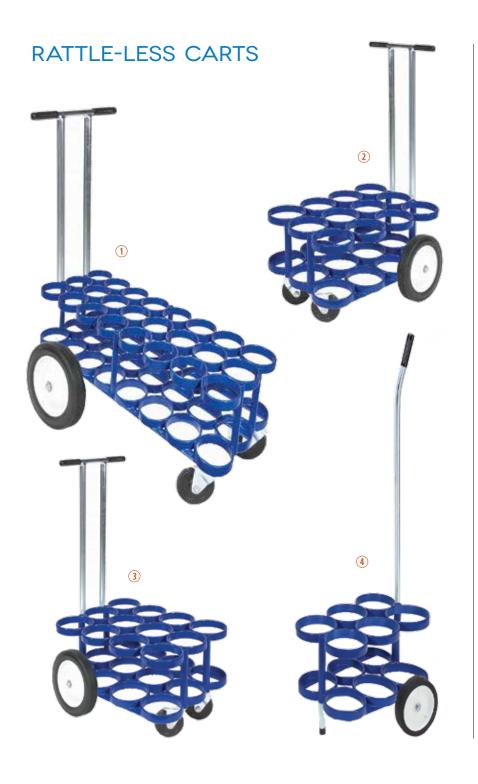
Holds 1 cylinder or liquid reservoir, rubber padded with two securing chains and semi-solid wheels. 44" H x 22 ½" L x 17" W

Was *231.19 Your Price = *208.07



Check Out Our "Do Not Disturb" Carts And Racks

Do you deliver to nursing homes, hospital or hospices? Be a favorite delivery of your customer by keeping your noise down. Our carts are covered with a proprietary coating that protects cylinders from damage and reduces noise.



1 # 1100-1427

Rattle-Less Cylinder Cart, Holds 24 M6 Cylinders. 36.75" H x 32" D x 15.5" W

Was *243.45 Your Price = *219.11

2 # 1100-1425

Rattle-Less Cylinder Cart, Holds 12 M6 Cylinders. 36.75" H x 19" L x 15.5" W

Was *176.02 Your Price = *158.42

3 # 1100-1426

Rattle-Less Cylinder Cart, Holds 12 D/E Cylinders. 36.75"H x 22" D x 20.25" W

Was *189.79 Your Price = *170.81

4 # 1100-1424

Rattle-Less Cylinder Cart, Holds 6 M6 Cylinders. 39.5" H x 13" D x 12 1/16" W

Was *86.42 **Your Price = *77.78**

5 # 1100-1423 (not pictured)
Rattle-Less Cylinder Cart,
Holds 6 DE Cylinders.
39.5" H x 16.5" L x 13.75" W

Was *99.82 Your Price = *89.84

... "So good drivers would pay out of pocket for them!"

Applied's Rattle-Less Racks are dipped in a proprietary coating to create the perfect rack protecting your ears—and your cylinders! Rattle-Less Racks have a durable coating that dampens the sound of the cylinder rattling in the rack during transport. The coating softens the hard metal edges of the rack, which can help reduce the wear and tear on your cylinders and labels from frequent movement in and out of the rack.

1 # 1100-1420

Holds 12 D/E Cylinders

Was *99.59 Your Price = *89.63

2 # 1100-1436

Holds 6 D/E Cylinders

Was *58.40 Your Price = *52.56

3 # 1100-1432

Holds 6 M6 Cylinders

Was *56.12 Your Price = *50.51

4 # 1100-1437

Holds 12 M6 Cylinders

Was *82.98 Your Price = *74.68

5 # 1100-1458

Holds 24 D/E Cylinders

Was *140.65 Your Price = *126.59

6 # 1100-1433 (not pictured)

Holds 8 M6 Cylinders

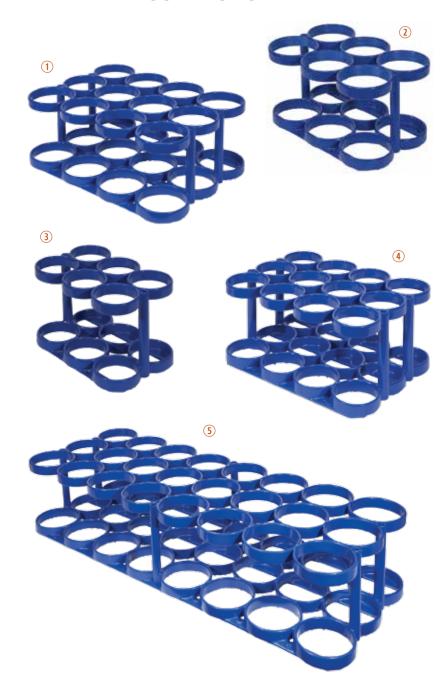
Was *61.80 **Your Price** = *55.62

7 # **1100-1434** (not pictured)

Holds 24 M6 Cylinders

Was *129.11 **Your Price = *116.20**

RATTLE-LESS RACKS



Keeping Healthcare Workers

Healthy in the Wintertime

Winter is a particularly challenging time for healthcare workers.

This is true because healthcare workers often find themselves interacting with sick patients where the risk of spreading germs is high.

The good news is that there are things you can do to stay well this winter.



by Rob Saltzstein, Contributing Editor

or a healthier winter workplace, consider these suggestions, many recommended by the CDC. It keeps close tabs on the percentage of healthcare workers obtaining flu shots.

All healthcare employees should be encouraged to get a flu shot. The CDC is very specific on the importance of flu shots and why they are needed. It defines healthcare workers as including, (but not limited to):

Physicians, nurses, nursing assistants, therapists, technicians, emergency medical service personnel, dental personnel, pharmacists, laboratory personnel, autopsy personnel, students and trainees, contractual staff not employed by the health-care facility, and persons (e.g., clerical, dietary, housekeeping, laundry, security, maintenance, administrative, billing, and volunteers) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted to and from health care workers and patients.

Why Get Vaccinated?

- Influenza (the flu) can be a serious disease that can lead to hospitalization and sometimes even death.
- Anyone can get very sick from the flu, including people who are otherwise healthy.
- You can get the flu from patients and coworkers who are sick with the flu.
- If you get the flu, you can spread it to others even if you don't feel sick.
- Since it takes about two weeks after vaccination for antibodies to develop in the body, it is best that you get vaccinated so you are protected before influenza begins spreading in your workplace or community.
- The viruses in the flu shot are killed (inactivated), so you cannot get the flu from a flu shot.
- Flu vaccination may make your illness milder if you do end up getting sick.
- By getting vaccinated, you help protect yourself, your family at home, and your patients.

How Many Health Care Workers Got Vaccinated Last Season?

- 2014–15 flu vaccination coverage early season among health care personnel was 64.3%, similar to early season coverage during the 2013–14 season (62.9%).
- During the previous two seasons, flu vaccination coverage increased by 9–12 percentage points from early season to the end of the season.
- By occupation, early season flu vaccination coverage was highest among pharmacists (86.7%), nurse practitioners/physician assistants (85.8%), physicians (82.2%), nurses (81.4%), and other clinical professionals (72.0%).
- Flu vaccination coverage was lowest among administrative and non-clinical support staff (59.1%) and assistants or aides (46.6%).
- By work setting, early season flu vaccination coverage was highest among healthcare personnel working in hospitals (78.7%).
- Flu vaccination coverage was lowest among health care personnel working in long-term care facilities (54.4%).
- Early season flu vaccination coverage was higher among healthcare personnel whose employers required (85.8%) or recommended (68.4%) that they be vaccinated, compared to those whose employer did not have a policy or recommendation regarding flu vaccination (43.4%).

Among unvaccinated healthcare personnel who did not intend to get the flu vaccination during this flu season, the most common reason reported for not getting vaccinated was that they don't think that flu vaccines work. The second most common reason was that they don't need the vaccine.

Tips To Stay Healthy ANY Time Of Year

Other suggestions for a healthier workplace from experts include a wide variety of good healthcare workplace habits for any season.

Chat with your co-workers instead of sending an email.

Eat a nutritious breakfast every single morning.

For every hour of work you do, take a 5-minute break away from your desk.



Wipe down your keyboard, phone and mouse once a week.



Create a meal plan. Packing a lunch saves money and calories!



Put some inspirational quotes/photos in your workspace to stay motivated!



Wash your hands after using shared spaces like the break room or bathroom.



Work out at your desk! Try shoulder shrugs, arm swings and knee raises.



Park farther away from the office to get a brisk walk in before and after work.



Get some fresh air—go for a lap or two around the building during your break.



Snack right. Bring almonds, fresh fruit or chopped veggies to work.



Keep your work area clean and organized to relief stress and prevent germs! ■



Trade in your old system for the latest tech! 25% MORE Efficient!

ACT NOW! Refurbished Machines Available for a Limited Time!

Call today for the best trade-in deals: 888-592-4587

Filling your own oxygen cylinders can save you a significant amount of money and headaches: Cylinders can be filled for less than \$1, and you don't have to wait for suppliers or worry about missing cylinders. Typically, an oxygen filler can pocket up to 2 dollars a cylinder or more by filling the cylinders themselves (a typical E cylinder fills for about 65 cents).

How Does It Work?

Filling with a Liquid System is very simple! After purchasing your liquid oxygen in bulk, the system will warm the liquid, which builds pressure and changes the liquid into gas.

What Do I Need to Fill?

In order to fill with a Liquid to Gas System, you will need the system itself, a paramagnetic oxygen analyzer, and filling supplies such as cryogenic safety materials (apron, gloves, face shield), along with labels, lot stickers, a cryogenic hose, and valve seals. Liquid to Gas Systems are usually about 3 ft x 5 ft*, so they don't take up very much room. You will need to register with the FDA and complete required training yearly. All of which Applied provides to you when you purchase your system!

What's the Difference Between Liquid to Gas and Gas to Gas?

Put simply — speed and cost. A Gas to Gas System is ideal for fillers who fill less than 100 cylinders a week. It's less expensive and can fill about 20 E's an hour. A Liquid to Gas System is ideal for fillers who fill more than 100 a week. It can fill 66 E's per hour, since you purchase liquid oxygen, you'll also get your oxygen supply for less.

* without filling carts

2016 AWARD WINNER!

Liquid To Gas



- EASY AND LOW-COST MAINTENANCE User-changeable gauges only need to be calibrated annually.
- INTERNAL PUMP + ACCESSIBLE MANIFOLDS Start filling faster and use less gas. Manifolds on the front and side of the system allow you to fill continuously.
- FILL ANY SIZE CYLINDER

 You can fill any size cylinder with Applied's # OF-700R & OF-7000
 Liquid to Gas System.
- MOBILE FILL RACKS
 Applied's Mobile Fill Racks allow you to expand your filling, as needed.
- BUY IN BULK Save even more by purchasing bulk oxygen from your supplier.
- Ø SAVE AS MUCH AS 60%!

Typical Cost from Supplier

Size	# / Week	Cost	Total
M6	150	\$3.00	\$450.00
Е	25	\$3.00	\$75.00
D	25	\$3.00	\$75.00
С	10	\$3.00	\$30.00

Total Cost / Week = \$630.00

Applied's Liquid to Gas System

Size	# / Week	Cost	Total
M6	150	40¢	\$60.00
Е	25	65¢	\$16.25
D	25	50¢	\$12.50
С	10	45¢	\$4.50

Total Cost / Week = \$93.25





New Product Awards

Good news came twice to Applied Home Healthcare Equipment at the recently concluded Medtrade Show in Atlanta, GA. The company, noted for innovative respiratory products such as OxyGo® and OxyGo FIT™, received two 2016 HME Business Magazine awards at the show for new product introduction.

One award was for POC respiratory portable equipment. The other award was for in-home respiratory equipment home filling systems.

"We were thrilled to win both national awards," said Jon Schultz, Applied Home Healthcare's director of sales. "We know our customers want to provide their patients with POCs and other respiratory products that are the most reliable, innovative and cost efficient on the market. These awards validate we are doing that," Jon added.

The HME Business New Product Award honors outstanding product development achievements by HME manufacturer and service providers. Fifteen winning products were selected in the third year of this program. The products had to be new to market between July 16, 2015 and July 15, 2016.

"It is exciting to see how many outstanding products are being introduced in our industry, especially in the mobility and respiratory categories," said David Kopf, editor of *HME Business Magazine*.

"I'd also like to thank our panel of provider judges," Kopf added. "A strong selection of highly experienced providers specializing in a range of product categories help make these awards the special recognition that they are."

The winners are:

BEDS & SUPPORT SURFACES

Drive DeVilbiss Healthcare, Harmony Tru Low Air Loss Tri Therapy Mattress Replacement

BUSINESS TECHNOLOGY:

Complete HME Management Solutions

Universal Software Solutions, HDMS Complex Items Companion

BUSINESS TECHNOLOGY: Specialized Solutions

Accessible Home Improvement of America (AHIA), a division of the VGM Group, Inc., *Live at Home Pro* Mobile App

MOBILITY: Power & Manual Wheelchairs (tie)

Motion Composites, APEX Sunrise Medical, Switch-It Dual Pro

MOBILITY: Scooters

Drive DeVilbiss Healthcare, ZooMe Flex 4-Wheel Folding Travel Scooter

RESPIRATORY: In-Home Equipment

Applied Home Healthcare Equipment, The New 2016 OxyFill Liquid to Gas Medical Oxygen System See opposite page for details!

RESPIRATORY: Portable Equipment

Applied Home Healthcare Equipment, Five (5) Setting OxyGo Portable Oxygen Concentrators (POC)

RETAIL (tie)

Posey Company, Posey Protective Caps URise Products, LLC, StandUp Walker

SEATING AND POSITIONING (tie)

Motion Concepts, Invacare Matrx Elan Headrest Stealth Products, Tarta Original Backrest

SLEEP: Resupply Items & Related Sleep Products

Philips Respironics, Wisp Pediatric Mask

Healthcare Is The Fastest Growing Of All Occupations ...

2.3 MILLION NEW JOBS PROJECTED

by Rob Saltzstein, Contributing Editor

The U.S. Bureau of Labor Statistics has made it official...

Healthcare employment is leading the nation in fast paced growth. Statistics available to *Home HealthCare TODAY* show how incredibly important the healthcare industry is to the U.S. economy overall.

Employment of healthcare occupations is projected to grow 19 percent from 2014 to 2024, much faster than the average for all occupations, adding about 2.3 million new jobs. Healthcare occupations will add more jobs than any other group of occupations. This growth is expected due to an aging population and because federal health insurance reform is expected to increase the number of individuals who have access to health insurance.

BLS reports that the median annual wage for healthcare practitioners and technical occupations (such as registered nurses, physicians and surgeons, and dental hygienists) was \$62,610 in May 2015, which was higher than the median annual wage for all occupations in the economy of \$36,200.

On the flip side, healthcare support occupations (such as home health aides, occupational therapy assistants, and medical transcriptionists) had a median annual wage of \$27,040 in May 2015, lower than the median annual wage for all occupations in the economy.

Here is how the *Bureau of Labor Statistics* pegged median salaries for healthcare professionals as of 2015.

by the NUMBERS



OCCUPATION	MEDIAN PAY
Athletic Trainers	\$44,670
Audiologists	\$74,670
Chiropractors	\$64,440
Dental Assistants	\$35,980
Dental Hygienists	\$72,330
Dentists	\$158,310
Nutritionists	\$57,910
EMTs & Paramedics	\$31.980
Exercise Physiologists	\$47,010
Genetic Counselors	\$72,090
Home Health Aids	\$21,920
Licensed Practical Nurses	\$43,170
Massage Therapists	\$38,040
Medial Lab Technologists	\$50,550
Medical Assistants	\$30,590
Medical Transcriptionists	\$34,890
Nurse Anesthetists, Practitioners	\$104,740
Occupational Health Specialists	\$70,210
Occupational Therapists	\$80,150

OCCUPATION	MEDIAN PAY
Opticians Dispensing	\$34,840
Optometrists	\$103,900
Orthotists & Prosthetists	\$64,430
Pharmacists	\$121,500
Phlebotomists	\$31,630
Physical Therapist Assistants	\$42,980
Physical Therapists	\$84,020
Physicians & Surgeons	\$187,200
Physicians Assistants	\$98,180
Podiatrists	\$119,340
Psychiatric Technicians	\$28,230
Radiation Therapists	\$80,220
Radiologic Technologists	\$58,120
Recreational Therapists	\$45,890
Registered Nurses	\$67,490
Respiratory Therapists	\$57,790
Speech Language Pathologists	\$73,410
Surgical Technologists	\$44,330
Veterinarians	\$88,490



Label Remover 3G

No residue & no rinse formula. Leaves no residue & fast drying. No rinsing needed. Non-oily, low odor & toxicity. Contains no chlorinated solvents or CFCs. Meets Mil Spec PD-680, Type 1.

1 Gallon #1109-5520 Cases of 4, priced individually Your Price = \$43.17

32 oz. Bottle #1109-5521 Cases of 12, priced individually Your Price = \$22.89 **120 ct. Wipes** #1109-5524 Cases of 6, priced individually **Your Price** = \$18.92

Oxygen Equipment Cleaner

Meets requirements for CGA (O2-DIR listed) oxygen cleaning solutions when used as directed, with instructions and SDS.

1 Gallon #1100-0026-1 Cases of 4, priced individually Your Price = \$43.17

32 oz. Bottle #1100-0021 Cases of 12, priced individually Your Price = \$22.89 **120 ct. Wipes** #1100-0022-1 Cases of 6, priced individually **Your Price** = \$18.92





Concentrator Cleaner

Leaves no residue and fast drying. No rinsing needed. Biodegradable, USDA approved. No VOCs, CFCs, chlorinated solvents, phosphates, alcohol, ammonia, acids or abrasives. No flashpoint. Pleasant fragrance. Made in the USA.

1 Gallon #1109-5527 Cases of 4, priced individually Your Price = *14.22 32 oz. Spray Bottle #1109-5529 Cases of 12, priced individually Your Price = *7,48 120 ct. Wipes #1109-5528
Cases of 6, priced individually
Your Price = \$9.39

Cylinder Surface Cleaner 2.0

Leaves no residue and fast drying. No rinsing needed. Biodegradable, USDA approved. No VOCs, CFCs, chlorinated solvents, phosphates, alcohol, ammonia, acids or abrasives. No flashpoint. Pleasant fragrance. Made in the USA.

1 Gallon #1100-0130
Cases of 4, priced individually
Your Price = \$33.92

32 oz. Bottle #1100-0134
Cases of 12, priced individually

Your Price = \$22.51

120 ct. Wipes #1100-0132 Cases of 6, priced individually **Your Price** = *11.33



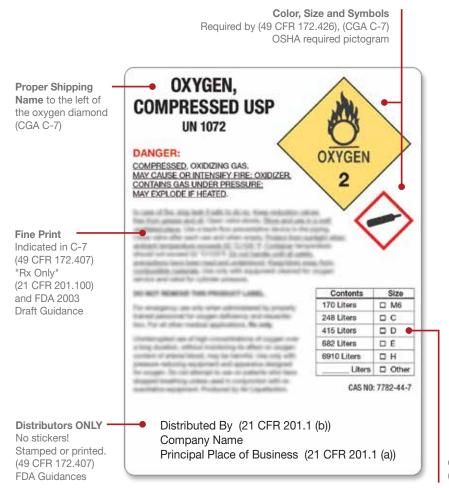
Are Your Labels 2017 COMPLIANT?

FACT: It is the responsibility of the company that fills, stores, delivers, handles and uses oxygen to ensure that the label complies with applicable governmental regulations.

FACT: Non compliant labels can result in fines up to \$15,000! Check your labels carefully because every violation counts! (i.e. 50 cylinders with incorrect labels is 50 violations!)

Custom oxygen labels include your company name, address, logo and telephone/fax number, along with the liters and cylinder size you fill.

Drug product labels are required by the FDA. 21 CFR 201.1. All labels Comply with FDA, DOT, EPA, OSHA & CGA C-7. Drug product labels are required by the FDA. 21 CFR 201.1.



WE CAN HELP!

USP, UN 1072

Custom: Compressed Oxygen Labels

1109-0006-2015

Your Price = 40¢ each min. order 1,000

Blank, Flat Pack: Compressed Oxygen Labels

Stamp or type NAME, ADDRESS, CITY, STATE & ZIP in the center white area with water resistant ink

1109-0005-2015

Your Price = 38¢ each sold in packs of 100

USP, UN 1073

Custom: Labels for Liquid Vessels

1109-0003-2015

Your Price = \$2.13 each min. order 25

Blank, Flat Pack: Labels for Liquid Vessels

Stamp or type NAME, ADDRESS, CITY, STATE & ZIP in the center white area with water resistant ink.

1109-0010-2015

Your Price = \$1.65 each

Call for quantity discounts! 888-592-4587

Contents Required (21 CFR 201.51)

What's missing from this picture?



A: The TANKS! also accepted: "the delivery guy"

888-592-4587 www.oxygo.life

The information in this document is provided by Applied Home Healthcare Equipment, LLC ("Applied") as general guidance only and may not explain all relevant safety, regulatory, hazards and/or requirements for your application. Applied has based this example on resources and experience available to the company. Applied and its affiliates makes no guarantee that this document(s) or product(s) is currently up to date or accurate. Use at your own risk. Applied is not liable for any damage that may occur related to or arising from this information or product. Nothing in this document constitutes a binding offer and/or acceptance, warranty or promise. See Applied's website www.applied-inc.om for more information and links to the FDA, CGA and other websites. Prices subject to change without notice. No rain checks. Offers not valid reserves the right to make corrections and/or update information at any time, without prior notice. All content is copyrighted and trademarked by Applied or its affiliates and cannot be used with out express written permission by an authorized employee of Applied. All pricing in USD. Pricing may vary outside of the continental US.

2017 EVENTS

It's never too early to plan to attend key home healthcare shows and events that can help your professional advancement!

We would like to list your 2017 homecare state meeting and top scheduled events in a future issue of *Home HealthCare TODAY*. Please send the information to: rsaltzstein@homehealthcaretoday.org



Alabama Durable Medical Equipment Association

JANUARY 11 Birmingham, AL

Arab Health

JANUARY 30 - FEBRUARY 2 UAE

Medtrade Spring 2017

FEBRUARY 29 - MARCH 1 Mandalay Bay, Las Vegas, NV

Asia Health Exhibition

APRIL 3 - 5 Singapore

American Telemedicine Association

APRIL 23 - 25 Orlando, FL

Medical Equipment Suppliers Association

MAY 2 - 4 Dallas, TX

FIME

AUGUST 1 - 3
Miami Convention Center (FL)

American Association of Respiratory Care: Annual Congress OCTOBER 4 - 7

Indianapolis, IN

Medtrade Fall 2017 OCTOBER 23 - 26 Atlanta, GA

Alliance for Continuing Education in Healthcare Professions:

DECEMBER 26 - 29 San Francisco, CA

complete and return bottom section

Readers win and save a lot! Don't miss an issue—Subscribe today! FREE while supplies last.

Home HealthCareTODAY 2017 SUBSCRIPTION RENEWAL First Name: Last Name: Title: Company: Address: City: Zip: Country:

Mail To: Home HealthCare Today, ATTN: Subscription Department, 28825 Ranney Parkway, Westlake OH 44145

Applied Companies, LLC. 28825 Ranney Parkway Westlake, Ohio 44145 U.S.A.

© Applied Companies, LLC. 2017

Your Priority Code Is

01032017

Please forward to your compliance officer and/or purchasing agent. Act Now! Offers expire 3/1/17.





Keep Going www.oxygo.life